



North Berwick Day Centre

Newsletter Monthly Issue October 2022

Stop Press

Drop in coffee is BACK!

10.00—11.30 £3.00

Who cares for the carers?

Many of you will know Valerie as she has been a volunteer at the Day Centre for over ten years. In addition, she was a carer herself so understands the pressures. An ideal person to take on the role of carers' supporter and their representative on the Day Centre committee.

Valerie is there to provide a listening ear for any carer. Her role will be to support the carer in finding where to go to seek specific help and advice or simply to hear their story and concerns.

An important function will also be to gather suggestions and ideas from carers to present to the committee.

To arrange to talk to Valerie please contact the Day Centre office and they will pass the message on to her.

Jackie Tagg

Editor

Introducing Valerie,
Carers Supporter and
representative on the
committee



AGM 26 September 2023

The AGM was a bit different this year as we were joined by Roderick M Urquhart, WS Her Majesty's Lord-Lieutenant of East Lothian.

Also after many years of service on the committee we said good by to Elma Danks (Chair), Ian Donald (Vice Chair). Dot Danks (Treasurer).

Ian has given over 14 years of service to the Day Centre and has ensured we are compliant with all the various regulations as well as moving the Centre forward. No mean feat.

Elma was there at the start when there was no building and people just met in the Community Centre. She helped drive the vision to have a purpose built building. Dot, her daughter, joined the team and has kept the money in order for many years.

Simple thanks don't seem enough, but Roderick Urquhart made presentations to Elma, Ian and Dot and all the volunteers who were at the AGM.

Elma, Ian and Dot will all be missed but Elma is continuing to volunteer one day a week and Ian remains a member of the Association of East Lothian Day Centres.



Elma and Ian
with Roderick
centre of the
photograph.

Thank you so
much Elma and
Ian for all you
have done.

Thanks to all our volunteers

All our volunteers have received certificates acknowledging their immense contribution to the Day Centre. Some at the AGM and others in the Day Centre itself.

You are all so much appreciated.



Thank you
all



Here are
just a few
of the
volunteers
with their
certificates



A special visitor

Caroline's baby grandson, Ollie, was a big hit when he visited. A volunteer in the making?

Sybil loved having a cuddle with Isobel next in line.



Autumn collage making



Vera above left with Christine and Frances above right, showing their beautiful collages.

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